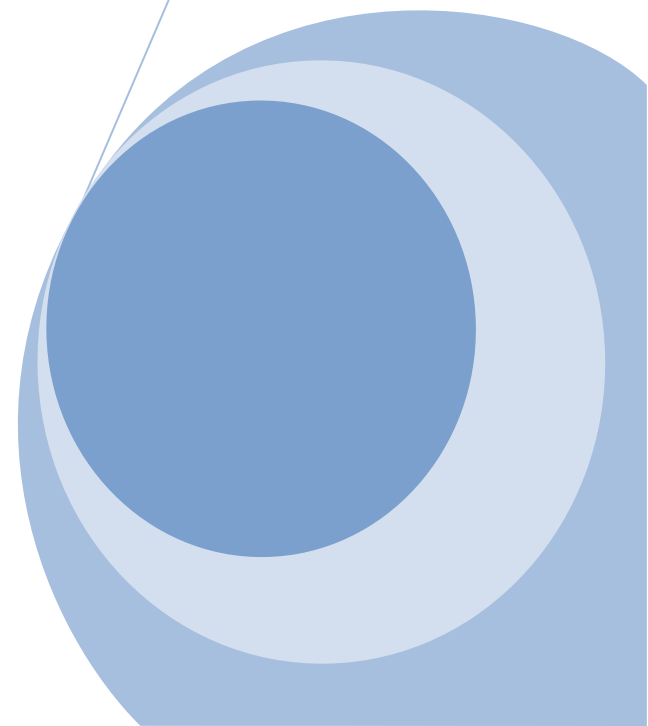




MID-HUDSON CONFERENCE

HANDBOOK

DUTCHESS COMMUNITY COLLEGE
ORANGE COUNTY COMMUNITY COLLEGE
ROCKLAND COMMUNITY COLLEGE
SULLIVAN COUNTY COMMUNITY COLLEGE
ULSTER COUNTY COMMUNITY COLLEGE
WESTCHESTER COMMUNITY COLLEGE



OFFICIAL HANDBOOK
OF THE
MID-HUDSON CONFERENCE

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THE CONSTITUTION OF THE MID-HUDSON CONFERENCE

ARTICLE I **NAME**

The name of this organization is the Mid-Hudson Conference. Only member colleges shall be permitted to use this name standing alone.

ARTICLE II **PURPOSE**

To provide an association through which two year colleges of the Mid Hudson area may cooperate for the following ends.

Section 1. To strengthen the work of member colleges in developing good sportsmanship and high ideals among contestants, teams and spectators and to promote all forms of athletics for college students.

Section 2. To provide competition for member colleges which are logical athletic rivals based upon geographic proximity, enrollment projections, admission requirements, curricula demands, and general educational philosophies.

Section 3. To strengthen and unify eligibility rules governing participation in intercollegiate athletics.

Section 4. To plan for and conduct meets, tournaments, and leagues in various sports.

ARTICLE III **MEMBERSHIP**

Section 1. The membership of this conference shall not exceed eight two-year colleges.

Section 2. Any member college of the national Junior College Athletic Association, Region XV, located in the Mid-Hudson area, will be eligible for consideration for membership in this Conference.

Section 3. Requests for membership in the Conference should be signed by the President of the petitioning institution and sent with the enrollment fee to the treasurer of the Conference. An institution may be elected to membership of the Conference by a unanimous vote.

Section 4. The annual membership fee shall be one thousand dollars (\$1,000.00). A voucher will be sent to all members by the Secretary/Treasurer prior to the dues deadline. The fee entitles an institution to participate in any form of athletics under the auspices of the Conference and will cover all items pertinent to the conduct of Conference business (Refer to TOURNAMENT FUND for further information).

Section 5. The membership shall be from September 1st to August 31st of the following year. The voting privilege in the election of officers shall be based on membership during the preceding school year.

Section 6. All colleges enrolled in the Conference agree to abide by the minimum eligibility rules adopted in all inter-collegiate competition sponsored by the Conference.

Section 7. Any member college using an ineligible player will forfeit any contests in which that player participated and will not use him/her in future contests until he/she becomes eligible. Excessive use of ineligible players may lead to suspension from the Conference.

Section 8. Any member College resigning its membership may not re-enter the Conference during the period of the school year in which it resigned, or during the following year.

Section 9. It was agreed upon that "issues of scheduling and rescheduling rain-outs, Mid Hudson games should take precedent over Region XV contests, Mid-Hudson Conference contests should not be canceled for the purpose of rescheduling Region XV or any games."

ARTICLE IV OFFICERS AND DUTIES

Section 1. The Conference shall consist of an Executive Board composed of Athletic Directors from Member College. The Executive Board shall elect, from its members, a President, a Vice President and a Secretary/Treasurer, by a majority vote. The elected officers will hold office for a period of two (2) years.

Section 2. The election of the President and Vice president will be held every odd year. The election of the Secretary/Treasurer will be held every even year. Elections will be held at the regularly scheduled winter meeting.

Section 3. The function of the officers will be:

A: The President of the Executive Board shall preside at meetings of the Conference and perform such other duties as usually come under the Office of the President.

B: The Vice-President shall preside in the absence of the President and shall act for him/her. In assertion, the Vice President will incorporate changes in the handbook and will use the change form as soon as changes occur. Said changes will be sent to the Athletic Directors by the Vice-President.

C. the Secretary/Treasurer shall keep and disburse the minutes of all meetings of the Conference. He/she shall receive all enrollment fees and other income, keep a careful statement of the same and submit a report at the regular meeting of the Conference. He/she shall disburse money only on vouchers properly receipted.

ARTICLE V **MEETINGS**

Section 1. There shall be a minimum of three (3) meetings per year. The meetings shall be held in the fall, winter and spring.

Section 2. The President of the Executive Board may call additional meetings if Conference business warrants such action.

Section 3. All member colleges must be represented at all Conference meetings. Presidents of colleges will be notified of Mid-Hudson Conference meetings. Additionally, minutes will be distributed to member college Presidents.

Section 4. Each college shall be entitled to one vote.

ARTICLE VI **COMPETITION AND CHAMPIONS**

Section 1. Sports must have four colleges competing in order to declare a Conference champion.

Section 2. If at any time the number of teams drops below four after a season has started, a champion will be awarded by determining the winner of the teams still playing. This is the case in both men's and women's sports.

Section 3. Criteria for determining a champion shall be established by the membership. In the event of a tie, tie-break procedures will be specific to each sport. There will be no Co-Champions.

Section 4. Any Conference team which has been placed on disciplinary probation by either the national Office or Region XV would not be eligible for Conference Championships, and individual players would not be eligible for All conference Honors. All games should be played between member schools regardless of probation status and contests will count in Conference standings.

ARTICLE VII **PRESIDENT'S ADVISORY COUNCIL**

All Presidents of member colleges are members of the Advisory council of the Conference. They are eligible to serve on committees and are entitled to make recommendations to the Conference on all matters pertaining to conduct of intercollegiate athletics. Members of the Council must be formally invited to all Conference meetings.

ARTICLE VIII **ELIGIBILITY FOR COMPETITION**

Section 1. Every undergraduate student of a member college shall be eligible to represent his/her institution in Conference Competition, subject to the articles of Region XV of the NJCAA and the rules and regulations set forth by this Conference.

Section 2. All member institutions shall observe NJCAZA eligibility rules unless they are superseded by this constitution.

ARTICLE IX **POLICIES AND PRINCIPLES FOR THE CONDUCT OF INTERCOLLEGIATE ATHLETICS**

Section 1. Principles of Amateurism: Refer to NJCAA Handbook

Section 2. Principles of institutional Control and Responsibility

The control and responsibility for the conduct of intercollegiate athletics shall, in the last analysis, be exercised by the institution itself.

Section 3. Principles of Sound Academic Standards

The institution shall see to it that an athlete is admitted on the same basis as any other student and observes and maintains the same academic standards.

Section 4. Principles of Governing Financial Aid to Athletes.

Refer to NJCAA Handbook

Section 5. NJCAA Code of Conduct for Coaches and Players

(See appendix NJCAA Handbook).

ARTICLE X **TOURNAMENT FUND**

Section 1. The Conference will support any Conference team or individual that qualifies for a non-invitational Regional or District Tournament.

\$500.00 per team for the National Tournament or District

\$100.00 per individual for the National Tournament

If a team reaches the National Tournament, they do not receive District and National reimbursements. Depending on funds, teams may receive more money after review of committee as to team size and travel costs. This money will come out of the General Operating Fund established by dues. A request form for reimbursement will be issued.

Section 2. Any Conference College hosting an NJCAA District Tournament shall receive \$500.00 from the Conference fund.

Section 3. All vendor expenses are to be paid before payment of championship travel for spring teams. It was suggested and agreed that schools earning championship travel reimbursement be given the option of credit against next year's dues.

ARTICLE XI **CONFERENCE AND MVP AWARDS**

Section 1. Team Sports

Conference team MVP selection will be a point system (high to low). The MVP is the athlete who receives the highest numbers of points from coaches when voting for the Mid-Hudson Conference Team.

Section 2. Golf

The MVP is the low medalist in Mid-Hudson Conference play, and must play 60% of Conference matches played.

Section 3. Tennis The MVP is the athlete who has the best record in number one singles in Mid-Hudson Conference play and must play three out of four or four out of six matches.

Section 4. The MVP in each sport will be included in the annual Service Bureau Report of the Mid-Hudson Conference Champions.

Section 5. The MVP award shall be a plaque.

Section 6. There will be a certificate awarded to the Conference athlete of the week. The Athlete of the week shall be selected each Tuesday from nominations sent in by each member institution.

ARTICLE XII **PROTESTS**

Section 1. The Conference president must be notified of all protests involving Conference teams within twenty-four (24) hours by telephone and (48) hours by mail or fax.

Section 2. Statements of the officials must be included. This will be the responsibility of the home team.

ARTICLE XIII **CONFERENCE SCHOLAR ATHLETE AWARDS**

Section 1. The Conference will recognize a scholar athlete for each member school annually.

The guide lines will be:

Participation in one sport/one season.

Highest GPA after three full-time semesters.

Deadline is April 1st

Trophy/plaque will be shipped to each school's Athletic Director

Section 2. No remedial courses will be acceptable, only college credit classes, 12 credits with a 3.0 GPA. Students must have a minimum of three full-time semesters (minimum 12 credits per semester) with a 3.0 GPA.

Section 3. Forms used by Region will also be used by the Conference.

ARTICLE XIV CONFERENCE HONOR ROLL STUDENTS

Section 1. Honor roll students will include any student-athlete with 12 credits and a GPA of 3.0 for one semester. Remedial courses will not count toward honor roll recognition.

Section 2. The athlete must be playing a sport during that semester to be considered.

Section 3. Nomination for fall sport participants shall be submitted to the Vice-President by February 15. Nomination for the spring sport participants shall be submitted to the Vice-President by August 1st.

Section 4. Each recipient will receive an Academic All-Conference Certificate.

ARTICLE XV OPEN DATES

Section 1. Any contest (men's or women's) postponed will be rescheduled on the next open date with the exception of Sundays and holidays. The exception must be mutually agreed upon by both Athletic Directors of competing colleges.

ARTICLE XVI MEN'S BASEBALL

Section 1. Scheduling

A master schedule will be published in the fall. Each school will play four games against each conference opponent. The four games will consist of two weekday singles games at one site and a Saturday doubleheader at the other.

Section 2. Equipment

For Conference play, teams are requested to use approved baseballs. No lower than AAA rating.

Section 3. Standing

To determine standings, each team must complete a minimum of 12 Conference games. In event of a postponed or canceled game, the game must be rescheduled on the next open date. Failure to agree on dates for reschedule will be referred to the Conference President for a decision. Any postponed game must be rescheduled if that game will affect league standings. All four games between opponents will count for conference standings.

Section 4. All-Conference Team

Service Bureau Director will request from coaches up to a maximum of eight (8) nominations. Nominations must be in prior to the Regional Tournament. A master list will then be sent out. Coaches vote via e-mail or fax, not voting for their own players, ranking their choices. Coaches failing to vote will have their own players eliminated for consideration. The All-Conference team shall consist of 16 players, two (2) DHs and two (2) pitchers.

Section 5. Trophies

There will be a team plaque awarded to the conference winner. Also, individual certificates will be awarded to members of the All-Conference Team. In case of ties, more than one plaque will be awarded.

Section 6. Rules

The committee suggests that Conference play be governed by the official Region XV rules of Baseball.

Section 7. Officials

All officials for Conference contests shall be assigned by the Region XV representative.

ARTICLE XVII MEN'S BASKETBALL

Section 1. Officials

All officials for Conference contests shall be assigned by the Region XV representative.

Section 2. Conference Awards

Conference Championship will be determined by Conference record in a double round robin format. In case of a tie the first tie breaker will be head to head competition. If still tied then the most recently played game will break the tie.

Play will be: Each school plays each other twice (double round robin)

The following honors shall be presented annually to Conference teams and/or their members:

- A. First place Conference title (team plaque)
- B. All-Conference Team (individuals ten awards)

The All Conference Team shall be selected by the coaches in the Conference

Method of Selection:

Each head coach in the Conference will nominate three players on his team as candidates for the All-Conference team, by February 12th, to the Service Bureau Director. An official ballot with all names will be sent out with coaches voting for all but their own players (ranking them). Voting must be done by February 26th.

The ten players receiving the greatest number of points in the voting shall be considered members of the Mid-Hudson All Conference Team and certificates will be issued.

Coaches failing to vote will have their own players eliminated for consideration.

There will be no Conference Co-Champions

Section 3. Conference Tournament

- A. The season will conclude with a Conference Tournament on the weekend prior to the first Region XV Tournament action.
- B. The site will be determined at spring meeting for, the ensuing year.
- C. Teams will be seeded according to regular season Conference standings
- D. All schools will be guaranteed at least two games and must save three games on their schedule for the tournament.
- E. Play in games will be on the Tuesday prior to weekend play, at home sites.
- F. Semi-finals will take place on Friday night at the host school
- G. Championship, consolation and fifth place games will take place on Saturday
- H. Finance
 - 1. The Conference will order and pay for first and 2nd place plaques, plus All-Tournament Awards
 - 2. Officials will be paid by the Conference treasurer and each school will be billed for their share.
 - 3. Host schools may charge admission to defray other expenses.

ARTICLE XVII MEN'S GOLF

Section 1. Each team in the Conference will host a Conference match with other Conference schools.

Section 2. Medal Play competition

Section 3. Six man team – The low total strokes of four players will be the winner.

Section 4. Tie – At the completion of the last tournament match, the Conference will follow the Regional policy: Low 4 go to the first tee and continue play until the tie is broken.

Section 5. It is recommended that coaches play their men in order of their ability. Best man first and so forth.

Section 6. United States Golf Association rules govern all matches. Rules in effect as dictated by course regulations.

Section 7. Awards – One Championship plaque

Section 8. Selection of All-star. Use lowest four medal scores from six Conference matches. Ten (10) first team selections. Have to play in at least 60% of all Conference matches played. If there are six matches four best scores count, if five match's three best scores count.

ARTICLE XIX **MEN'S TENNIS**

Section 1 Team Championships

To be decided on the win – loss record of Conference Dual Matches. Each participating member must play a scheduled match with all other participating members.

Section 2. Eligibility

Current Conference, Regional and NJCAA eligibility rules will apply

Section 3. Dual matches play

Each team: Six singles and three Doubles

Section 4. Site

Rotating round robin and away on alternate years

Section 5. Rules and Balls

USTA rules and approved balls will apply? The home team will supply the balls.

Section 6. All Conference Certificate Awards shall be given to the first and second place players in each singles and doubles flight.

Section 7. Rules of Competition

- A. Matches shall be governed by USTA rules.
- B. A match shall consist of six singles and three doubles.
- C. Scoring:
 - 1. The no-add system of scoring shall be followed
 - 2. Two out of three sets shall determine the match except when 5 applies
 - 3. When six-all occurs (in two out of three sets), or eight-all occurs (pro set) the twelve point tie breaker shall be used.
 - 4. Upon prior agreement between coaches, the regular add system of scoring may be substituted. If no agreement is reached then (1) shall prevail.
 - 5. When darkness or threatening weather conditions interfere with play, an eight game pro set scoring shall be used for doubles matches. A pro set may also be used when the facilities warrant a third round of play to complete the match during the late afternoon.

ARTICLE XX MEN'S AND WOMEN'S SOCCER

The rules governing the Mid-Hudson Conference Soccer League will be the same as those of Region XV, with the following conditions and corrections:

Section 1. When scheduling for soccer, priority should be given to Mid-Hudson Conference opponents early enough in the season. The last game being the Saturday prior to the Region XV playoff weekend.

Section 2. The officials must be assigned by a Regional representative.

Section 3. The Conference Champion will be determined by Conference won and lost record based on a single round Robin schedule. In case of a tie the Conference Champion will be determined by head to head competition. In case of a tie the second tie breaker will be goals for against proportion.

Section 4. Awards

- A. One plaque for Championship team.
- B. Certificate to member of the All-Conference Team (22).

- C. Coaches must submit up to a maximum of six nominations to the Conference Service Bureau Director by October 23rd. A master list will then be sent out, coaches vote, not voting for their own players and ranking their votes. Coaches failing to vote will have their own players eliminated from consideration.

ARTICLE XXI WOMEN'S **BASKETBALL**

Section 1. Officials

All officials for Conference contests shall be assigned by the Region XV representative.

Section 2. Conference Awards

Conference Championship will be determined by Conference record in a double round robin format. In case of a tie the first tie breaker will be head to head competition. If still tied then the most recently played game will break the tie.

Play will be: Each school plays each other twice (double round robin)

The following honors shall be presented annually to Conference teams and/or their members:

- C. First place Conference title (team plaque)
- D. All-Conference Team (individuals ten awards)

The All Conference Team shall be selected by the coaches in the Conference

Method of Selection:

Each head coach in the Conference will nominate three players on his team as candidates for the All-Conference team, by February 12th, to the Service Bureau Director. An official ballot with all names will be sent out with coaches voting for all but their own players (ranking them). Voting must be done by February 26th.

The ten players receiving the greatest number of points in the voting shall be considered members of the Mid-Hudson All Conference Team and certificates will be issued.

Coaches failing to vote will have their own players eliminated for consideration.

There will be no Conference Co-Champions

Section 3. Conference Tournament

A. The season will conclude with a Conference Tournament on the weekend prior to the first Region XV Tournament action.

Bathe site will be determined at spring meeting for, the ensuing year.

C. Teams will be seeded according to regular season Conference standings

D. All schools will be guaranteed at least two games and must save three games on their schedule for the tournament.

E. Play in games will be on the Thursday prior to weekend play, at home sites.

F. Championship and consolation games will take place on Saturday

G. Finance

1. The Conference will order and pay for first and 2nd place plaques, plus All-Tournament Awards
2. Officials will be paid by the Conference treasurer and each school will be billed for their share.
3. Host schools may charge admission to defray other expenses.

ARTICLE XXII WOMEN'S SOFTBALL

Section 1. Conference Champion will be determined by win-loss record based on a double round robin. If schools are Scheduled to play each other more than twice then the first two games count toward the Conference.

Section 2. Each college will schedule two games with every other Conference member. Both single games and double-Headers will be seven innings each.

Section 3. In case of a canceled or postponed game, the game must be rescheduled on the next open date.

Section 4. The Mercy rule will be enforced in all regular season games.

Section 5. The officials must be assigned by a Regional representative.

Section 6. The All Conference Team shall be selected by the coaches in the Conference

Each head coach in the Conference will nominate six players on his team as candidates for the All-Conference team, by February 12th, to the Service Bureau Director. An official ballot with all names will be sent out with coaches voting for five players, not voting for their own players (ranking them). The All-Conference Team will consist of 9 players and a pitcher.

Section 7. Awards

- A. One plaque for Championship team.
- B. Certificate to member of the All-Conference Team.

ARTICLES XXII WOMEN'S TENNIS

Section 1 Team Championships

To be decided on the win – loss record of Conference Dual Matches. Each participating member must play a scheduled match with all other participating members.

Section 2. Eligibility

Current Conference, Regional and NJCAA eligibility rules will apply

Section 3. Dual matches play

Each team: Six singles and three Doubles

Section 4. Site

Rotating round robin and away on alternate years

Section 5. Rules and Balls

USTA rules and approved balls will apply? The home team will supply the balls.

Section 6. Conference team shall be selected by each coach submitting names of three players of his/her team to the Service Bureau Director by October 24. A Ballot will be prepared and the coaches will select six players as the Conference team, not voting for his/her own players and ranking the players.

ARTICLE XXIV WOMEN'S VOLLEYBALL

Section 1. Each team in the Conference will play each other Conference team twice.

Section 2. In dual events, three out of five games constitutes a match. In tri matches, two out of three games will be played.

Section 3. The officials must be assigned by a Regional representative.

Section 4. The Conference Champion will be determined by match wins with two out of three game matches. In case of a tie, Method B, as outlined below, of NAGWS rules will be used to determine the Conference Champion.

Method B – Head to Head Competition and Point Differential

1. Match record – total Competition
2. Match results – Head to Head
3. Game Record – Head to Head
4. Game Record – Total Competition
5. Point Differential of match(as) between tied teams
6. Point Differential based on Conference play
7. Coin flip

Point differential shall be determined by subtracting the total points lost from the total points won for each team. The highest plus or the lowest minus remainder shall be considered the superior team for tie-breaking purposes. Win, loss and forfeit points are not in use. Actual match and game scores are used.

Section 5. The following awards shall be given.

- A. One plaque for the Conference Champion Team

- B. Certificates to the twelve members selected to the All Conference Team. This is determined by coaches, three nominations are to be submitted to the service bureau director by October 23rd. A ballot will be prepared and sent out. Coaches will vote for players, except his/her own. Players are to be ranked.

Section 6. If any school should, as a result of the Mid-Hudson Conference schedule, incur a disproportionate expense related to officials fees, the member would have the option of off-setting their costs. In the instance that the conference agrees to reimburse a member school for volleyball officials fees, the funds to cover this reimbursement will be generated through an additional assessment to each member.

ARTICLE XXV MEN'S **AND WOMEN'S BOWLING**

Section 1. Conference Champion will be determined by a point system. Each Region XV sponsored tournament will also count as a Conference Tournament. Points will be determined by separate standings of Conference teams, in the tournament, with the top team receiving 6 points and so on. A school not participating in a tournament receives no points.

Section 2. The Region XV Championships will count as one of the Tournaments.

Section 3. The All Conference team shall consist of six bowlers and be determined by the final standings of the all events competition at the Regional Tournament.

